



ELAIZA JOY TIONGCO DAWAT

CAREGIVER



Profile

Positive, confident individual with solid proficiency in providing seniors and adults with assistance in daily living activities. Well-versed in assisting with personal tasks such as grooming, bathing, and toileting, and providing companionship and emotional support.

Employment History

Caregiver, Malaysia

2017 – PRESENT

- Assisting an Elderly with their ADLs
- Taking care of patients who had a stroke and Dementia
- Manage Tracheostomy, NGT / PEG Tube feeding
- Wound dressing
- handle everything from bathing assistance,
- Provide emotional and physical support showing care and love to the patients
- Prepare meals
- Provide the medication
- Laundry services
- Plan activities that the person enjoys and try to do them at the same time each day.

Caregiver , Home Care, Malaysia

FEBRUARY 2022 – PRESENT

- Taking care of elderly patient
- Accompany the daily activities
- Assist with these personal hygiene tasks whether it is offering assistance during bathing, brushing their hair, assisting with denture cleaning or helping patient get dressed.
- Assist with meal preparation, ensuring that the food is nutritious and healthy
- Provide medications properly and on time.

Caregiver, Home Care, Malaysia

AUGUST 2021 – JANUARY 2022

- Bedridden, Stroke, NGT Feeding
- Assisting with administering medication, personal hygiene, sleeping
- Providing meals
- Support emotional and physical care
- Monitor the patient daily condition

Caregiver, Home Care, Malaysia

Details

Kuala Lumpur
Malaysia

NATIONALITY
Filipino

DATE / PLACE OF BIRTH
30/08/1986
Philippines

Skills

Adaptability

Teamwork

Ability to Multitask

Communication

Ability to Work in a Team

Fast Learner

Honest and Reliable

Effective Time Management

Communication Skills

Basic Life Support CPR

NGT Feeding

PEG Tube

Languages

English

Tagalog

Hobbies

- Exploring around in a new place
- Do DIY art and crafts.
- Gardening.

APRIL 2021 – AUGUST 2021

- Assist Dementia Old Age daily activities
- Reminding care recipients to take the right medication and on schedule.
- Establish set times for meals, bathing and grooming.
- Provide continued supervision at home, while being careful to never leave the senior alone in a vehicle.
- Build fulfilling, personal relationships with care recipients.

Caregiver, Home Care, Malaysia

DECEMBER 2020 – APRIL 2021

- Assist ADLs for hip bone operated an Old lady
- Provide health foods cut food up before serving to make chewing and swallowing more manageable,
- Keep a regular bathroom schedule and safe to ensure there are no accidents
- Assist for bathing and dressing if needed
- Guide a complete daily exercises that will help strengthen muscles and improve balance.

Caregiver, Home Care, Malaysia

MARCH 2019 – NOVEMBER 2020

- Assist Dementia and Dialysis patient
- Serve a healthy meals
- Accompany their daily activities
- Manage the environment to keep in tidy

Caregiver, Home Care, Malaysia

FEBRUARY 2019 – MARCH 2019

- Assist ADLs stage 4 brain cancer patient
- Monitor the condition most of the time
- Keep the environment clean
- Provide the medication that recommended by the doctor
- Accompany the patient to reduce feeling of loneliness, anxiety and distress
- Provide with practical information about treatment and resources

Caregiver, Home Care, Malaysia

NOVEMBER 2018 – JANUARY 2019

- Stroke, tracheotomy, NGT feeding, and do bedsores dressing
- Assist patients with everyday tasks
- Provide support care

Caregiver, Home Care, Malaysia

JUNE 2018 – NOVEMBER 2018

- Stroke and PEG Tube feeding

Caregiver, Home Care, Malaysia

JANUARY 2018 – MAY 2018

- Dementia

- PEG Tube feeding

Caregiver, Home Care, Malaysia

NOVEMBER 2017 – DECEMBER 2017

- Stroke and bedridden patient
- Provide the medication following the schedule
- Assist their daily activities

Education

Certificate Basic Nursing Care Level 1, Rayamars Consultant and Service

2019

References

References available upon request